

Laura Summers

Team UK
Jump Rope UK
Been Rope Skipping for: 20years



Experience/Achievements:

I have coached within the National Team. Staffed at British training days, at Germany Camp and staffed at European Championships.

I have been helping to run coaching courses in the UK for 10years now.

I have represented the UK in many competitions, including:

British Championships, European Championships, World Championships
Most recently placed as:

1st place team speed European Championships 2011

2nd place team double dutch speed European Championships 2011

10th place European Individual Championships 2010 Belgium

3rd place Team Overall Double Dutch, World Championships 2008 South Africa



TV/Commercial work:

This includes:

Olly Murs music video "heart skips a beat"

CD:UK with Girls Aloud

Guinness World records Italy

Performed behind the Ting Tings

Paul O'Grady Show

Blue Peter

