

Gemma McGhee

Team UK

Jump Rope UK

Been Rope Skipping for : 18years

Experience/Achievements:

I have coached within the National Team for 9 years. Staffed at Germany and staffed at European Championships. I have been helping to run the coaching courses in the UK for the past 7years now.

I have represented the UK in many competitions, including:
British Championships, European Championships, World Championships
(Winning gold in 2002)

Most recently placed as:

1st place team speed European Championships 2011

2nd place team double dutch speed European Championships 2011

Silver for Single Rope Team Europeans 2009 Sweden

Also World Record Holders for Double Under Relay 2007

European Team Single Rope Champions 2007



TV/Commercial work:

This includes:

Olly Murs music video "heart skips a beat"

CD:UK with Girls Aloud

A league of their own

Guinness World records twice, UK and Italy

Performed behind the Ting Tings

Feel Good Factor – performed with Mylene Klass

Paul O'grady show

Blue Peter

